

## [Book Journeys Author Interview - May 11, 2017](#)

**Jenn McRobbie with Amy Birks, author of *The Hustle-Free Business: A Simple 7-Step Plan to Grow, Get Results and Have Fun!***

*"I knew that having the book would be the rocket fuel that I needed to make that epic mission even more a reality." ~Amy Birks*

Jenn:

Hello, hello, everyone! May eleventh, 2017 and we're back for another episode of Book Journeys Radio, where we speak to accomplished authors who've gone from just having an idea for a book to a finished book, ready and out making a difference in the world. Today's author is Amy Birks, and she is a self-proclaimed strategy ninja and marketing strategist, so we know she's gonna have some amazing things to share with us. And if you're not already following her on Facebook, you should go look her up right now. Amy Birks, that's B-i-r-k-s, because she's killing it with live shows and you're gonna wanna sign up for those. So, her book title is *Hustle-Free Business*. Welcome, Amy!

Amy:

Hi, Jenn! I'm so psyched to be here.

Jenn:

I'm so happy to have you on the show! I was telling everyone befo - I was telling Amy, before we went live on the show, that the last time I got to speak to Amy, we were at the Archangel Summit in Toronto, and I was so excited when I saw that she was going to be the guest for today, because I was looking forward to talking to her about all of the stuff ... going on since that Summit.

Amy:

It's incr - ... crazy. Crazy dangerous.

Jenn:

Exactly!

Amy:

... crazy, crazy, crazy. Crazy awesome crazy, crazy.

Jenn:

... absolutely awesome crazy town, but I'm gonna take you back in time just for a little bit. And can you just briefly, by way of introduction, tell our listeners what your book is about and who it's for?

Amy:

Oh, yeah, absolutely. So, the book, called *The Hustle-Free Business: A Simple 7-Step Plan to Grow, Get Results and Have Fun!* is - is all about exactly that, right? It's all about how to - how to take the - the hustle out of your business, especially out of marketing, 'cause that tends to be where we hustle the most, been trying to find clients and get leads and pre-existing income and grow in scale and ... - we've always been told ... that it has to be hard and - and that hustling is - is somehow worthwhile endeavor that ... we should feel proud when we hustle - I saw a shirt yesterday that says something ... - something about how the hustle is worth it, or something like that.

Jenn:

Right!

Amy:

... whoa! it doesn't - it doesn't have to be that way, and - and so, ... in my - in my view, in my opinion, it's really ... you are your best strategy, and once you can get really clear on - on who you are and - and what the - the marketing strategy - your tactics are that work really well for you, then it doesn't have to be a hustle. I take the hustle out of it, and then you can enjoy your life, you can actually have fun with your marketing. You can love what you're doing, you can get tons of clients and it's totally possible, totally amazing. And so, the book really is for - ... it was written for coaches, but it's applicable across ... - I think most entrepreneurial endeavors that - have written for coaches who are tired of hustling, who are tired of feeling ... "Wow! Can I really grow in the way that I want to?" Or - and ... in a ... fall over, at the end of every day, into my bed or wanna go ... hide on the couch and watch ... *Alive* on ... instead of doing the work or ....

Jenn:

With ice cream and popcorn and wine.

Amy:

Totally. Exactly that. ..., right? So, yeah! So, it's for those coaches who are - who are just really tired of feeling like it's hard to - to generate results that they really want, and - and - and are feeling ... "There's got to be a better way!" And ....

Jenn:

Right. So, how did you come across this way, then, Amy? Were you ... naturally living it, or did you live the "hustle life," and then somehow come upon the "hustle-free" life?

Amy:

Yeah, I am - I am definitely not somebody who - who can say, "This is just how I am, uh-uh, always in hustle-free life." I am a hustler in recovery, without a doubt. ... I - I - I tell the story about my first year in business, where I'm ... I - I went and got my certification that made me credible as a coach, and I was ... "Yeah, I'm gonna do this thing and I'm gonna become a coach, and -" As soon as I woke up the day after, I had my - my certification paper, I

immediately looked at it and went ... "I have a business now!" and then thought, "Oh, wait. Wait. Wait. Now, what do I do?" ....

Jenn:  
Exactly!

Amy:  
How does that work? And so, I spent the whole first year in my business hustling, ... trying all the different formulas and blueprints and the systems and ... this course and that course and do this person saying, and they say that they had built a six-figure business doing it this way, so I'm just gonna follow these steps, and then I will have that result.

Jenn:  
Right.

Amy:  
And I would try and try and try and ... trying to jam a square peg into a round hole because all of the systems and blueprints and formulas were ... by somebody else or somebody else that their business in mind and their values in mind, .... They're all the things that make them them, of course it works for them. And of course, will work for some people who are built like them, but for me - ... I'd tried these things and I'd hit resistance and then I'd hate it. And ... I try to slog through and then I'd feel terrible about myself, and then I'd ... see a shiny object and go that way instead and - and really got ... - the results that I got in that whole year was not to make any money, but to learn a ton about marketing and ... all the various ways that you can put yourself out there and all the ways that it didn't work for me, because I was hustling so hard and - and it just didn't work, so I finally, finally realized that ... doing somebody else's way wasn't my way, and that I needed to find my own way, because I am ... a strategy, ... about strategy, and once I ... made that realization, then everything got easier.

Jenn:  
It makes so much sense, but I think of entrepreneurs as businesswomen and businessmen, we're afraid of taking the time to recreate a wheel, right? And so, if you're gonna live hustle-free, you don't have to ... build a whole new system, do you? ... you can rely on some of these other ones you've picked up over time, can't you?

Amy:  
That - that's the whole thing, right? Is that - is that, unless you're a brand new business, then you're probably not hustling, right? I mean, I'm sorry. If you're brand new in business, you're probably hustling. So, if you're brand new in business, you're gonna ... try things out like I did, right? So, ... clients for people who have tried all the formulas, they've tried all the systems, they've tried all the blueprints, and they're ... "Why isn't it working?" Or, if it is working and they are getting results, "Why do I feel so terrible about it? Why do I feel exhausted? Why does it feel like I don't have any time for myself, ...? Why can't I find the time to go ... hang out with my

family or to do the things that I really enjoy? Why does it - why do I ... hate every bit of my marketing," ...? And so, there are elements of - of things that we try along the ways that do work and that we do like, and sometimes we'd forget, or - or what I'd find most interesting is that we - we ... rely on ... should. There are people are - ... in the industry. People are doing this thing, so I'd better go jump on that bandwagon and do it, too. And I'm gonna learn it, I'm gonna do it, and that's great, but if we can take action as close to the result as possible, then everything comes easier. I talk about - in the book, I talk about the Kevin Bacon effect, right? And so, we've got the six degrees of Kevin Bacon and ... you can match any actor in history to Kevin Bacon, if you backtrack between ... that actor and ... five other actors.

Jenn:  
Right.

Amy:  
And so, for example, Matthew - Matthew McConaughey, who ... may or may not be my secret love. He was -

Jenn:  
Not so secret anymore, have to admit that now, anyway.

Amy:  
.... Right. Yep. So, Matthew McConaughey, my secret love, who was in *Interstellar* with John Lithgow. John Lithgow was in - was in *Footloose* with Kevin Bacon, so there's - M - Matthew McConaughey is two degrees of Kevin Bacon, ... that's his - that's his Kevin Bacon ... number, and so, for us as entrepreneurs, ... the tactics that we choose - if we can ... something that is ... just a few degrees away from the result that we want, right? Kevin Bacon result you want, and Matthew McConaughey is ... or whatever, ....

Jenn:  
Right.

Amy:  
Right? We wanna - we wanna take action as close to the result we can get, and so, ... the - the new thing is having a sixty-five e-mail merger campaign, ... writing a million e-mails to then get somebody to maybe be willing to get on a webinar with you so maybe you can offer them a call or perhaps they'll ... do all these things so that, then, they might become a client, that's a whole lot of steps.

Jenn:  
Yes.

Amy:

Not only is it ... - that there's a lot of steps for the client to jump through - potential clients jump through, but then ... setting up all those things and writing all those e-mails and putting the things in your Infusionsoft or your active campaign or whatever. Getting the webinar set up, blah blah blah blah, ... all these things are so far away from the result that you're trying to create, ... what if you just made a list of people that you think you can serve? That's step one, and then step two, you reached out and said, "Hey, I think I could help you." And then, step three, just book a call. Right? ... it's so - it's ... - it's so easy.

Jenn:

So simple!

Amy:

It's so simple, so if we can - if we can ... cut out all of those millions of steps, and ... we save time, we save energy, we have - we're not hustling, it's ... - and now, the - the one caveat that I will say is that, the idea of doing that ... - and this isn't necessarily the tactics that ... - maybe there's a tactic for everybody who's really easy, but if we can - ... if we can say, ... "That makes me really uncomfortable to do that," ... it makes you want to vomit, then it's definitely worth doing, right? So, it's - it could be that, ... making with the people reaching out and saying, "I think I can probably help you." If that makes you wanna vomit, totally worth doing. It means you're gonna grow on the other side of that. And that the result that you're gonna get is that much better. Now, if it's something where you're ... "I'm gonna -" ... "I'm gonna do this same thing," it may be an efficient thing that you're gonna do, maybe you're ... "I'm gonna throw up an offer for a webinar, it's gonna take me five minutes to put it together 'cause I'm really fast, I can do that stuff easily," and whatever, but the idea of hosting a webinar, you're ... "This is so not me, I am not ... on video, I don't wanna create ..., this is not my thing at all," ... "My spirit is resisting this every step of the way," and it's not ... you wanna vomit, you're just ... "I just - this is totally not me." ....

Jenn:

You're dragging your feet, right? You're procrastinating.

Amy:

Yeah, that's - exactly, and that's gonna be ... hustle. So, defining - discerning the difference between the stuff that makes you wanna puke, which is the stuff which is gonna make you grow, which is the stuff that is gonna get you the results, do that. The stuff where you're ... "This is not me, I definitely - this isn't aligned with my values, totally not me," then don't do that, 'cause that's gonna be a hustle. ....

Jenn:

... this definition of - ... yeah. This definition of "hustle" makes so much sense to me, Amy, because I think, normally, we just - yeah, we know, we - we think of hustle as ... you're skidding

out and you're doing it everyday, and you're not saying that - to not do that, what you're saying is, don't do the stuff that sucks.

Amy:

Yeah, exactly! ....

Jenn:

Do the stuff that - that is great and that is ... contributing to your bottom line, and that ... fueled your business and you! And that's how it can be helpful, sorry.

Amy:

Yes, Jenn, exactly that, right? I'm not saying that - that ... have a hustle-free business, you're never gonna work, or - ... that there's no work involved or any of that, I - ... there's definitely an opportunity for us to be doing things and taking action that's gonna create a result. That ... universal law dictates that that - that's just required, right?

Jenn:

Exactly.

Amy:

And so, ... - right? It's required. So, you can ac - take actions that's actually aligned with who you are, and it's aligned with the results that you wanna create, and it's close to the result, then ... boom, you eliminate the hustle, the results show up, it's easy and it's fun and everybody's happy. It's ... that's the way it should be, let's all just do that.

Jenn:

That's - that's so valuable, but how do you take that concept and condense it down for somebody who's used to doing ... all the things? Right?

Amy:

Yeah, it's hard, right? ... we ... - we get addicted to that, too, I think. I think there's just ... addiction to hustle and this - this belief that it can't be another way, that it has to be this way, to say, ... "I've - I wear my badge of honor when I hustle. I'm working ...."

Jenn:

It's the cult of busy!

Amy:

It's totally the cult of busy. And - and we're - and we ... - we assign our identity to it, too, which I think is so interesting, and so - so, ... strip somebody of that to say, "Wow, it actually can be different!" ... I think - I think what's really required is, you have to - you have to, number one, have an inkling of a thought that it might be possible that it could be easier. And - and number two is, you have to want it to be easier. If you're ... completely a hundred percent committed to

it being hard, or to the idea that that's ... totally associated with who you are and your work ethic and ... your parents or your grandparents or ... you're used to walking at school, ... in the snow, both ways, everyday for a hundred years, then ... right? ... choose that way. That's totally fine. But if you're ..., "Wait, I would love for this to be easier, and I think it's possible, and I deserve it," then ... you can have that. ....

Jenn:

It's - it's so freeing. It is so freeing.

Amy:

Yes. Yeah. I think the belief is the very first step in that, so, ... the belief that it's possible and the belief that you can have it and that you deserve it.

Jenn:

All right. So, why a book, then? ... you're out there ... living it, giving it, selling it, ... showing people how to do it live, why a book?

Amy:

Oh, the book. So, initially, my very first thought - I - there's so many reasons why the book, but my initial reason was, "Gosh, I wanna get even more clear on what my process is with my clients." So, ... I know I help them, and I know I do a bunch of things, but I'm not exactly clear on what all those things are, or what's the - what my process really looks like when I help them figure out what they're best strategy is, ... their custom, simple systems or generating results, ... I - I wanna get clear on that. So, I knew that writing a book would help me with that, but in - ... so, that was for me, ... in my business, in ... my own .. - all this stuff that rattles inside my brain, just ... get organized.

Jenn:

Right.

Amy:

But then, I also have a definition for myself, which is to - ... I've always known, my whole life, as I think probably many of - of your listeners do as well. I've had this knowing in myself that I was here to do big things in the world. And I never really knew what that was until ... the last year or so, and I think writing the book really helped me nail that down, which is that - I know that my place is to help bring amazing, amazing, amazing things into the world, right? So, ... change the world, for lack of a better term, by helping these entrepreneurs to set up their own way and do the things that they're here to do and to enjoy their lives, what they're doing, ... because we can create a ripple that way, ... I help my clients and my community, and then they help their people, and then their people help more people, and then the world gets to be what we want it to be.

Jenn:  
Right.

Amy:  
And so, because I'm so committed to that, to creating that end, I - I knew that having the book would - would be ... the rocket fuel that I needed to make that epic mission even more a reality.

Jenn:  
And - and did that happen? What's happened since you've written the book?

Amy:  
Oh, my gosh! What has happened since I've written the ...? Okay. So - well, yes. So, yes, I got super clear on my process was, so ... I checked that off the list, great, I've got a - I've got a process ....

Jenn:  
Nice.

Amy:  
And it keeps - ... keeps iterating and - and evolving as I go, which is even better, ....

Jenn:  
Of course.

Amy:  
As I grow, my clients get to grow and learn more, but - so, that's great. But as far as my ... goes, yes! ... I - I wrote down today, I had a call with a client today, and I wrote, thinking of - that I wanted to hang on to is because I - I wrote down, "I aspire to be as awesome as my clients are," because my clients are amazing! They are ... the most amazing, epic people, and they're doing such amazing things, like I have one client whose - whose job - ... her job and her mission is to help women remember who they are. Right? ... I got a chill, thinking about that. I've got a ... -

Jenn:  
Yes.

Amy:  
- who's - right? I've got another client who wants to help take the Caesarian rate in - in the United States down from ... over thirty percent to - to fifteen percent, ... that's her epic mission, right? Because we know what's possible when natural childbirth is - is ... more - is more prevalent.

Jenn:

....

Amy:

I've got another client who - who wants to change the way that - that P2P sales is done, so that people can feel great! ... all people involved in the process can actually feel great, when they're either selling or being sold to. Right? ... that feels like an epic mission, to change the way to do these sales are done? ... oh, my gosh, right? ... they're ... so committed to the things they're doing that actually do create change in the world!

Jenn:

Yeah, so great!

Amy:

And so, writing the book allows me to connect with these people in a different way, and so, ... now, I get to - I get to support them, and they - they get to ... - to actually find their people, because we create marketing systems that work with them, they're custom to them and - and that, to me, is outstanding, ... that's amazing. And so, ..., right? But then, for me, my business, ... - one of the things I say a lot to my clients is that results equal impact. And so, if the impact that I wanna make is that I get to change the world by helping ... say, a hundred thousand entrepreneurs to get their simple systems in place to ... - to reach their people and - and connect in a way that makes sense for them, then the way that I know that I'm making that impact ... is by the results that my business are creating, and so, I'm creating results, ... in the last, I don't know, two and a half months, I've been able to generate ... eighty thousand dollars, ... that's - it's crazy, it's just cra - it's crazy, yeah and it's all because of - of the book and - and being able to be that clear and - and - and really ... get myself focused on what the mission is, and what the - how the book can support that process and - yeah! And ... - and - and the Author Incubator, clearly, obviously, is in - integral in that, as well.

Jenn:

Aww, that's so sweet! I'm so glad that we were able to play a part in that, but ... this is all built on you and your ideas, and you're really - your desire to help other people help the world. And I think so often, we're so concentrated on our own mission and how we're gonna change the world that we forget that all of our interactions with all of the people around us - I think you're exactly right, it's the ripple effect. Everything that we do ... causes a - a chain reaction down the line.

Amy:

One of the - one of the best pieces of advice that I ever got was from - from my friend, Giovanni Marsaco, who - who helped me to - to understand - and it wasn't the first time I'd heard it, but when he said it, it really hit home for me, I think the timing was right and - and the way that - that he shared it was right, but it's - but it's this idea that ... the more we can be focused on other, ...

especially the people that we wanna serve, the easier it is to just do that, and to get out of our own way, because when we're focusing on someone else, who aren't we focusing on? We're not focusing on ourselves. We're not thinking - hearing the voices in our head or board of directors that are ... telling us that we shouldn't do that thing, or we should be scared or ... don't go down that road, or what if you fail, or what if you succeed, oh, my God! Right?

Jenn:  
Right!

Amy:  
... Right? And so, when - ... any time I'm having a down day, which, by the way, happens to all of us, all of us, ... all of us, literally, everyone, and so, even when I'm - when I'm having a down day, the very first thing that I try to - to get myself to do is to go, just find a way to serve. Let me find somebody that I can help, let me offer some advice, let me add some value somewhere, because the more that I can be about somebody else, the less I'm thinking about me, the less I'm focused on me and my ... thinking, thinking ... and - right? I can just be on mission. On mission. ....

Jenn:  
And ... I think that principle applies - it applies even beyond business, doesn't it? ... in your personal life, even, right?

Amy:  
.... Yes. Totally. ....

Jenn:  
... if we can focus on others, then, ... things just - things get done more smoothly, when we're not all caught up in our own heads.

Amy:  
My - my great work, right now, is around empathy and compassion and how can I just be more compassionate and empathetic and I'll figure out ways to serve from that place, and - and ... I think of - if ... everybody on the planet took time to focus on that, can you imagine what might happen if we were all ... feel a little bit more empathetic and compassionate. ....

Jenn:  
Oh, my gosh. That - that would ... phenomenal!

Amy:  
Right? ....

Jenn:  
Let's do it, that's your next mission.

Amy:

Awesome. I'm down.

Jenn:

Should you choose to accept it, we'll do Mission Impossible music here.

Amy:

.... Done. Done. Follow me to empathy and compassion.

Jenn:

Exactly. You can be our Pied Piper, Amy, it'll be perfect.

Amy:

Totally. I was ....

Jenn:

So, what was different about writing or publishing the book than you expected?

Amy:

Oh, wow. ... well, it's funny. So, ... I think about how long it - it took me, so ... working with Angela and - and the Author Incubator, ... there's - there's the very specific process and - and it's so helpful to have that structure and it made such a huge difference, and I was ... gung-ho from the first week, I'm ... "I am gonna spread this work out," I've got - ... I've got a - a baby at the time, she was ... fifteen months old when I started the process of writing a book - ... no, she was less, she was ... eight or nine months. Anyway, she was baby, right? ... I've got baby, I've got business, I've got husband, I've got life, and I'm gonna write a book now in nine weeks. And so, I thought, "I ... - I'm gon - I'm gonna actually spread this work out, I'm gonna make it really spacious, it's gonna be lovely, I'm gonna do a chapter a week, it's gonna be perfect," and totally not how it went, ....

Jenn:

Yeah, exactly.

Amy:

Because that's not me, right? ... here's me, hustle-free, ... even though - even though it might have seemed ... it would be less of a hustle for me to spread the week - the work out over a week - or a week at a time, that's just not me, that's not how I roll, and so, I love a deadline. ... I work most, most, most epically under the pressure of a deadline, and so, really, what I - what I did was wait until the very last - literally, the last two weekends and ... have this ... demand time for my husband to ... "Please go hang out with the babe, I'll stay - I'm gonna go sequester myself in the office all day and write the whole book," and - and I did that over - over four days,

and I think I hit "Send" on the final submission ... - literally ... twenty minutes before the midnight deadline. I kept - I kept wanting to confirm, I'm ... "Is it eleven fifty-nine pm ... -"

Jenn:

... exactly, ....

Amy:

"- midnight that morning," ... I gotta - I need all the hours. I need all the hours. ....

Jenn:

... can I do twelve oh-one, or are you gonna throw me out? What a thing to do.

Amy:

And so, yeah. ... eleven forty, I think, maybe eleven forty-two, I hit "Submit" and so - so, that - that was surprising, but I think the other thing that was really surprising was - ... I never - I never anticipated how much support I was gonna get all throughout, ... and still continue to. So, ... throughout the process, having Angela's support and - and - and the team, and ... everybody that - that came out of the woodwork to make the - the process of publishing so easy and seamless and beautiful and perfect, and I didn't have to do anything, ... I wrote the words, and then ... I got to just say, "Wow, this is an amazing cover, I'm so excited about that!" Or ..., "What ..., oh, my gosh!" Right? ... I just got to be excited, and then ... - and then, on the launch day, ... feeling so immensely loved and supported by - again, by Angela and the team, but then, all the people in my life that came out of the woodwork and got excited and rallied around me and ... promoted and supported and wrote ... - gave me feedback and ... all of that. People get really, really excited about this stuff, ... I think that ... we forget what a unique thing it actually is to accomplish a feat like this. ... we ....

Jenn:

That's right.

Amy:

There aren't that many people that get to do this in their lifetime and has - ... has accolades or become a - ... a number one bestseller, or whatever.

Jenn:

Right! ....

Amy:

There's a lot of really, really cool things that go along with that, and so, I never anticipated the amount of love that I was going to feel, having gone through this process. Yeah, yeah, truly, truly. ....

Jenn:

I love that. I ... - I'm adding my love on top of your love, because that - that makes me so happy to hear, that ... - I feel like that cloud of love is how we're gonna carry ... all of these - these people who wanna make a difference in the world, we're gonna ... cushion them on a cloud of love.

Amy:

Oh, my gosh, for real! It's really - it's really authentic, ... the launch day, I'd - I rank it up there ... the top five days of my life, next to my wedding and birth of my daughter, and - because it really - ... I felt so loved, it was really that kind of - that kind of support and love, ... the photos that - that I've - I've looked at, since then, it's ... the headshots - some of the headshots that - that I got to take that day?

Jenn:

Right.

Amy:

I'm ..., "That is me in my essence." ... I look at all these other headshots I've ever taken in my lifetime, and I'm ... "That's not me, that's not me, that's kinda me, that's kinda me," but *this* is me. This is me, my essence, totally me. Yes. ....

Jenn:

You. I love that. I cannot believe it. That's - that's good to hear, though. ... I think people need to hear that, and they need to hear that this is not a process - ... writing a book is not a process about hiding who you are, but it's really a process about stepping into who you are.

Amy:

Yeah, I - yes! Yes! Completely! ....

Jenn:

.... What I cannot believe is that we're down to only two minutes left, and I'm so sad, because I feel like you and I could talk for ... hours and hours.

Amy:

I agree. I agree.

Jenn:

So, first, I wanna thank you immensely, because this has been a fantastic ... chat between us, and I hope everyone else has enjoyed it as much as I do, and - and second, I ha - right as we're wrapping up, I want you to tell people how to get in touch with you. How can they find you if they're ready to live hustle-free?

Amy:

Yeah, absolutely. So, thank you, by the way, Jenn. You're awesome. ... I - I adore you and this has been so super fun, and I would love, love, love for people to grab a copy of my book if they want to. They can go to [hustlefreebusiness.com](http://hustlefreebusiness.com) and grab a copy of the book. I'm also on Facebook. I've - I do a whole bunch of - of really fun things, just adding value to my community, on Fridays, I go live every Friday for "Hustle-free Fridays," this week, I did a really cool interview, on a - on a Tuesday, randomly, with my friend, Nick Kuzma, she was ... B-guy for Facebook ads in - in our state and - and that was super fun. I'm always trying to - to throw down value for my community, so I'm - I'm on Facebook, and - and I typically do that stuff under my personal profile, which is Amy Latzen Birks. But, yeah, that's ... the easiest way to find me, is - is either on Facebook or - or my website and the book, and - yeah! And I would love to - to connect. People can e-mail me, too, if you've got ... questions about how the heck do I eliminate the hustle ....

Jenn:

Even better!

Amy:

And then, yeah, just e-mail me at [dearninja@amybirksmy.com](mailto:dearninja@amybirksmy.com), b, as in "boy," i-r-k-s, as in "sands," .com, I would lo - I would love to just chat and see how I can help. ....

Jenn:

So, there you go, [thehustlefreebusiness.com](http://thehustlefreebusiness.com), go on to Amazon, download it, read it, live it. Amy, thanks so much, and please join us ... time, when I have another amazing author on Book Journeys Radio.



